



Dr. Jeff Bolton B.Sc, BPHE, DC

705-748-4322

200 Rubidge Street

Peterborough, ON

K9J 3N8

Concussion Referral

Our network of specially-trained rehabilitation professionals are in place to act as an extension of your practice. From pre-injury multimodal baseline physical and cognitive testing to stepwise return to school, work, and sport, certified CCMI clinics and practitioners offer accessible and timely concussion rehabilitation to support those impacted by mild traumatic brain injuries.

Patient Name: _____ **DOB:** _____

Referral Information

Primary Physician's Diagnosis: Concussion (mTBI)
 Post-Concussion Syndrome
 Other: _____

Physician's Name: _____

Tel: _____ Fax: _____

Please select from the list of services below which you would like to order for this patient:

- Return-to-Learn/Work/Play Management (all)
- Post-Concussion Syndrome Rehab (all)
- ImPACT Neurocognitive Testing
- Guided Exercise Rehabilitation
- SCAT5, King-Devick, Postural Sway, Reaction Time Testing

- Vestibular Rehabilitation
- Vestibular-Oculomotor Screening (VOMS)
- Oculomotor Rehabilitation
- Activity modifications
- Cervical Spine Treatment/Rehab
- Buffalo Concussion Treadmill Testing
- Chicago Blackhawks Return-to-Sport Physical Exertion Testing

Additional Information:

Physician's Signature:-

Services covered by most health insurance and secondary health benefits plans.



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Attention Health Care Providers:

Research shows that rest is no longer the best approach to concussion care. Early intervention of various therapies can significantly improve recovery. Concussion patients with persistent symptoms require a multidisciplinary health care team that can accurately identify their deficits and provide targeted rehabilitation. Recognized Complete Concussion Management practitioners provide healthcare services to patients in collaboration with their family physicians.

In short, here at Peterborough Concussion Clinic we act as an extension of your practice, providing accessible, multidisciplinary post-concussion care that helps patients safely return to work, learn and play. We can also offer regular progress updates on your patient's level of recovery. Research shows that starting treatment and rehabilitation as early as 5-10days after injury may improve recovery time and decrease the risk of developing post-concussion syndrome. We work with doctors and their patients to develop a personalized treatment plan. Through a thorough assessment and the right treatment approach, trained healthcare practitioners can help patients safely return to work, learn and play.

We utilize the most current, evidence-based approaches to concussion care, we are recognized Complete Concussion Management practitioners and are trained to provide a broad range of therapeutic interventions, which may include:

- Buffalo Concussion Treadmill Test
- Physiological rehabilitation (e.g., exercise therapy)
- Visual and vestibular rehabilitation
- Cervicogenic treatment (e.g., manual therapy of the neck and whiplash therapy)
- Education and reassurance
- Diet and nutritional interventions

Concussion treatment and rehabilitation services are covered by extended or secondary health benefits. Your patient can typically be seen within 24-48 hrs after a referral has been made.

Please find attached a copy of our Concussion referral form. If you are interested in referring to us and would like a prescription pad, please contact us by phone or email. Otherwise, a photocopied version of the attached form is sufficient for your referrals.

If you would like to discuss our program further or have any questions, we are more than happy to provide further details via phone, a lunch and learn or a zoom meeting. We are very excited about what our program has to offer the Peterborough community and look forward to discussing our evidence-based approach to concussion rehabilitation with you.

Sincerely,
Dr. Jeff Bolton B.Sc, BPHE, DC